



# REGISTRATION FORM | Marathon Training Team

ENTRY FORM AND PAYMENT MUST BE RECEIVED BY JUNE 25, 2017

First Name [ ] Last Name [ ]

Street Address [ ]

City [ ] State [ ] Zip [ ]

Daytime Telephone Number [ ] Date of Birth (mm/dd/yy) [ ]

Have you participated in the Sports Backers Marathon Training Program before? (Please check one) [ ] Yes / No [ ] Predicted Finish Time: (26.2 miles) [ ] : [ ] Sex [ ]

E-mail Address: [ ]

Circle Technical Race Shirt Style: **Unisex Women's (v-neck)** Circle Shirt Size (gender-specific): **S M L XL XXL**

Nickname: [ ] This name will be printed on your personalized marathon bib. (Note: Only the first 11 characters will appear on your bib.) If you do not want your name printed on your bib, leave this field blank.

Payment Method: [ ] Check (Payable to SPORTS BACKERS) [ ] Credit Card (Visa, MasterCard, or American Express) Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_/\_\_\_\_ Name as it appears on card: \_\_\_\_\_

We subdivide the Training Team into smaller groups intended to be of people who have similar running abilities. These are the people you will get to know best. In order to assign you to the proper group, please answer all of the following questions:
What day and time would you like to participate in the group runs? (Please check one)
[ ] Saturday at 7:00 a.m. (6:30 a.m. in hot weather) [ ] Saturday at 7:30 a.m. (7:00 a.m. in hot weather) [ ] Sunday at 7:00 a.m. (6:30 a.m. in hot weather)
What level of the runner are you? Please check either NOVICE or INTERMEDIATE.
\_\_\_\_ Novice (Run 2-4 days per week. Run less than 15 miles per week. Can run 3-5 miles at once.)
\_\_\_\_ Intermediate (Run 3-5 days per week. Run 20-25 miles or more per week. Can run 7-8 miles at once.)
How fast do you run per mile? \_\_\_\_\_ What is your most recent 10k time? \_\_\_\_\_

RACE DAY EMERGENCY CONTACT
NAME \_\_\_\_\_
PHONE NUMBER \_\_\_\_\_

Every participant must sign this waiver!
Runner's Agreement, Waiver, Release, And Acknowledgment
I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am qualified, in good health, medically able, and properly trained. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the event. I fully accept and assume all responsibility for losses, costs, and damages I incur as a result of my running this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this waiver, knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, discharge, waive, and release the Metropolitan Richmond Sports Backers, Anthem Blue Cross Blue Shield, American Family Fitness, HCA Virginia, Call Federal Credit Union, City of Richmond, County of Henrico, USA Track & Field, Road Runners Club of America, along with their officers, directors, agents, volunteers, and employees from all claims or liabilities of any kind arising out of my participation in this event.
Signature \_\_\_\_\_ Date \_\_\_\_\_

TRAINING TEAM FEES
Includes FREE entry into 2017 Anthem Richmond Marathon and Sports Backers Marathon Training Team
Through May 19 \$165 = \$ [ ]
May 20-June 25 \$180 = \$ [ ]
Income Based (through 6/25) \$30 = \$ [ ]
Donation to Kids Run RVA = \$ [ ]
TOTAL = \$ [ ]

SPECIAL RATE VERIFICATION - OFFICE USE ONLY
This individual has demonstrated eligibility of income less than \$25,000/year by providing one of the following:
[ ] Verification/Eligibility letter from Social Services [ ] Tax Return
[ ] 2 most recent paystubs
Approved by: \_\_\_\_\_ Name \_\_\_\_\_ Date \_\_\_\_\_

Entry fees are non-refundable and non-transferable. No exceptions. Make check payable to Sports Backers. Bring this form along with proof of need, if applicable, to the Sports Backers office located at 100 Avenue of Champions, Richmond, VA 23230.
marathon@sportsbackers.org • www.richmondmarathon.org • (804) 285-9495