



# REGISTRATION FORM | 8k Training Team

ENTRY FORM AND PAYMENT MUST BE RECEIVED BY **SEPTEMBER 24, 2017**

First Name	Last Name

Street Address

City	State	Zip

Daytime Telephone Number	Date of Birth (mm/dd/yy)								

Have you participated in the Sports Backers 8k Training Program before? (Please check one) <table border="1" style="display: inline-table; vertical-align: middle;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td>Yes / No</td></tr> </table>		Yes / No	Predicted Finish Time: (8k or 4.97 miles) <table border="1" style="display: inline-table; vertical-align: middle;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td>Hours</td></tr> </table> : <table border="1" style="display: inline-table; vertical-align: middle;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td>Minutes</td></tr> </table>		Hours		Minutes	<table border="1" style="width: 20px; height: 20px;"> <tr><td style="width: 20px; height: 20px;"></td></tr> <tr><td>Sex</td></tr> </table>		Sex
Yes / No										
Hours										
Minutes										
Sex										

E-mail Address:	
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Circle Technical Race Shirt Style: <b>Unisex</b> <b>Women's (v-neck)</b>	Circle Shirt Size (gender-specific): <b>S</b> <b>M</b> <b>L</b> <b>XL</b> <b>XXL</b>
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Nickname:	This name will be printed on your personalized 8k bib if you register by September 25. (Note: Only the first 11 characters will appear on your bib.) If you do not want your name printed on your bib, leave this field blank.
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<b>Payment Method:</b> <input type="checkbox"/> Check (Payable to SPORTS BACKERS) <input type="checkbox"/> Credit Card (Visa, MasterCard, or American Express)	Credit Card Number: _____-_____-_____-_____ Expiration Date: ____/____ Name as it appears on card: _____
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What level would you like to train with? \_\_\_\_\_ Walker \_\_\_\_\_ Runner/Jogger

**Location where you will train (Training begins September 16 at all locations)**

<input type="checkbox"/> Carytown - Richmond Shopping Center	<input type="checkbox"/> Chesterfield County Health Dept.
<input type="checkbox"/> Short Pump Whole Foods Market	<input type="checkbox"/> New Highland Baptist Church
<input type="checkbox"/> Bellemeade Community Center	<input type="checkbox"/> The Millworks at the Green
<input type="checkbox"/> Peter Paul Development Center	<input type="checkbox"/> Traveling Team

**RACE DAY EMERGENCY CONTACT**

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NAME

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PHONE NUMBER

**Every participant must sign this waiver!**  
**Runner's Agreement, Waiver, Release, And Acknowledgment**

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am qualified, in good health, medically able, and properly trained. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the event. I fully accept and assume all responsibility for losses, costs, and damages I incur as a result of my running this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this waiver, knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, discharge, waive, and release the Metropolitan Richmond Sports Backers, Anthem Blue Cross Blue Shield, Markel Corporation, Virginia Commonwealth University Health System Authority, Whole Foods, City of Richmond, County of Henrico, USA Track & Field, Road Runners Club of America, along with their officers, directors, agents, volunteers, and employees from all claims or liabilities of any kind arising out of my participation in this event.

\_\_\_\_\_  
 Signature Date

**TRAINING TEAM FEES**

Includes entry into 2017 VCU Health 8k and Sports Backers 8k Training Team

Through September 24	\$55	= \$	
Income Based Rate	\$10	= \$	
<b>Donation to Kids Run RVA</b>		= \$	
<b>TOTAL = \$</b>			

**SPECIAL RATE VERIFICATION - OFFICE USE ONLY**

This individual has demonstrated eligibility of income less than \$25,000/year by providing one of the following:

<input type="checkbox"/> Verification/Eligibility letter from Social Services	<input type="checkbox"/> Tax Return
<input type="checkbox"/> 2 most recent paystubs	

**Approved by:** \_\_\_\_\_

Name Date

Entry fees are non-refundable and non-transferable. No exceptions. Make check payable to Sports Backers. Bring this form along with proof of need, if applicable, to the Sports Backers office located at 100 Avenue of Champions, Richmond, VA 23230.

marathon@sportsbackers.org • www.richmondmarathon.org • (804) 285-9495